

Identity

Group #5

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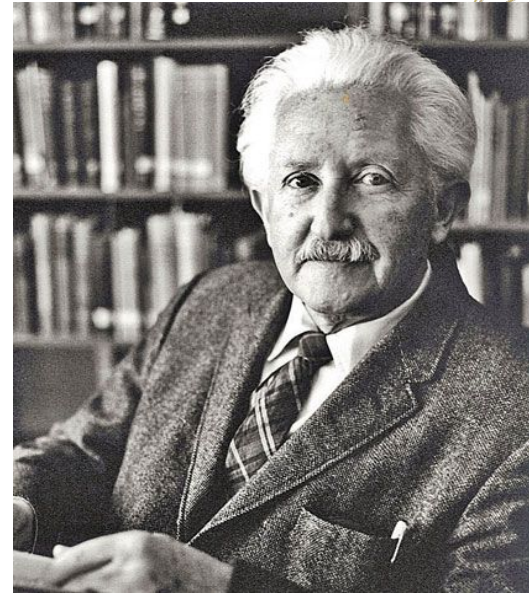
Erik Erikson

Presented by Nicole Giang

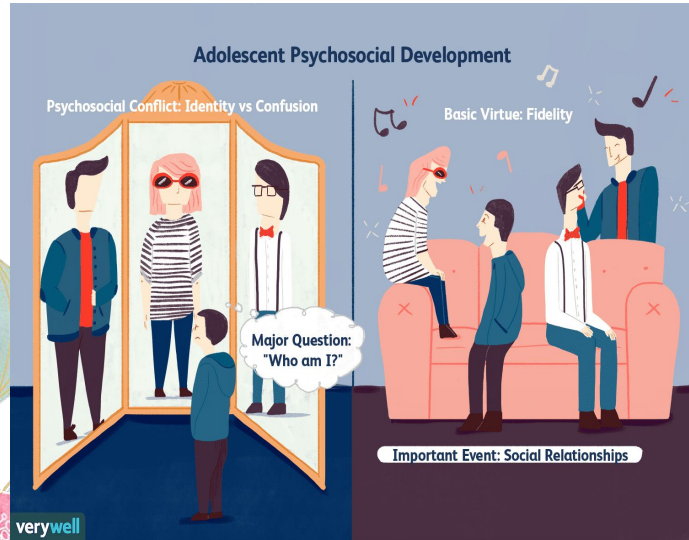


Theory of Psychosocial Development

- ❖ Proposed by Erik Erikson.
- ❖ Focuses on the lifespan perspective.
- ❖ Eight stages:
 - Each one has a conflict.
 - Resolution leads to a virtue.
 - Must resolve one stage to get to the next.



Identity versus Role Confusion



- ❖ The fifth stage, takes place during adolescence.
- ❖ 3 areas of conflict:
 - Occupation choice.
 - Values.
 - Sexual Identity.
- ❖ Virtue gained: fidelity.

Failure to Develop and Identity

- ❖ Leads to:
 - A poor self-concept.
 - Relationship troubles.
 - Psychological slowness in adulthood.



Preventing Failure



- ❖ The Psychosocial Moratorium:
 - Free period of exploration.
 - Characterized by post-secondary institution attendance.
- ❖ Joining a clique:
 - Helps develop a solid identity.

Things to Note About Erikson's Theory

- ❖ Erikson's theory is a product of its time.
 - Outdated ideas about female identity.
- ❖ The theory describes the average person.



Is Erikson's Theory True?



- ❖ Journal of Adult Development.
 - Study conducted between 1966 - 2002.
- ❖ Journal of Adolescent Research.
 - Study conducted in 1993.
- ❖ Both studies seem to support Erikson's theory.



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*“In the social jungle of
human existence, there is
no feeling of being alive
without a sense of
identity”*

– Erik Erikson, 1963


Transgender Identity

Presented by Sabien Stroich





Beyond Cisgender: Transgender Identities

- Trans Identifiers: Trans Man/FTM(female to male), Trans Woman/MTF(male to female), Non-Binary, Gender Non-Conforming, Two-Spirited, Trans feminine, and Trans Masculine etc.
 - Gender Dysphoria: "Gender dysphoria is the feeling of discomfort or distress that might occur in people whose gender identity differs from their sex assigned at birth or sex-related physical characteristics."(As stated by the Mayo Clinic)
 - Cisgender: Aligning with the gender you were assigned with at birth.
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Transgender identities: Love and Rejection

“Gender identity belongs to the person who lives it, but one cannot deny that observers will make assumptions about us based on their understanding or comprehension of gender signals.” - Jamison Green




'Julian Is a Mermaid' by Jessica Love



Transgender youth and their limited access to care:

“A major barrier to accessing appropriate health care is the fear of rejection and negative attitudes of service providers.”(Grossman & D'Augelli, 2006)

“There continues to be less resources and opportunities for trans youth receiving the care they need.”(Youth&Society.2017.P.854)



James Marcia

Presented by Juhee Kim

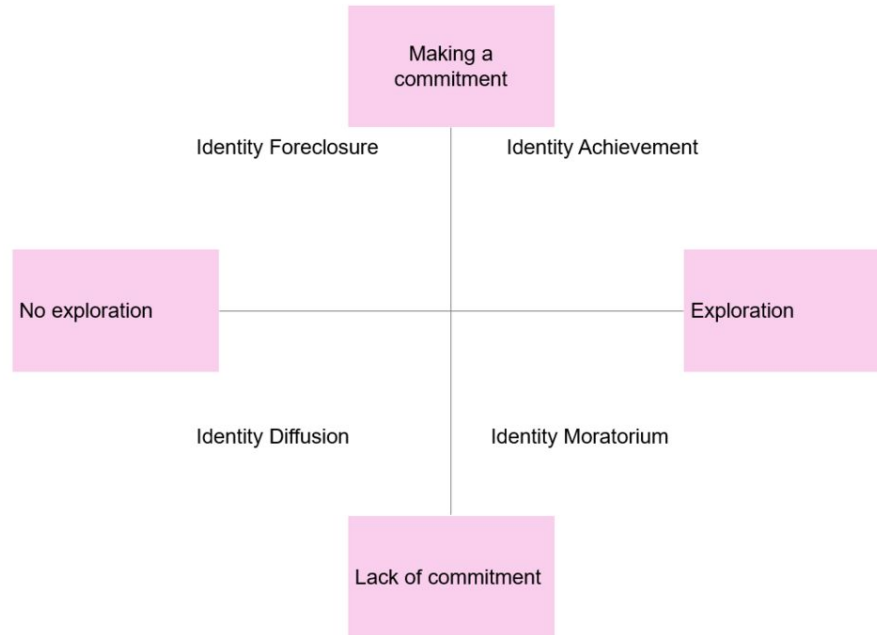


James Marcia

- A clinical and developmental psychologist
- Had expanded upon Erikson's concept of identity crisis and confusion
- Completed PhD at Ohio State University, and completed B.A. at Wittenberg University



Four Identity Status



1. Identity-Diffusion



COMMITMENT



EXPLORATION

- The adolescents have not considered their identity, and established any life goals



2. Identity-Foreclosure

COMMITMENT

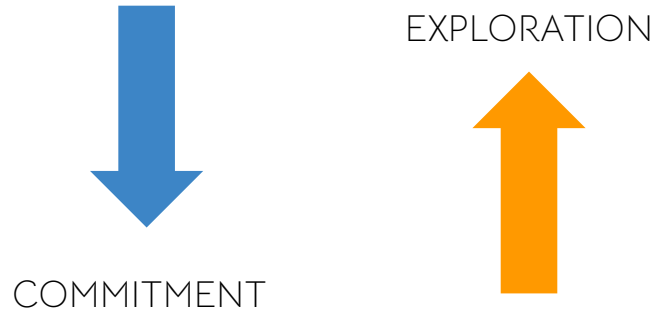


EXPLORATION

- Accept the beliefs and values of their family and environment without questioning



3. Identity-Moratorium



- The adolescents are keeping their options open, but have not made any final decisions.



4. Identity-Achievement



COMMITMENT



EXPLORATION

- Achieved their identity exploration and decided what values and goals are important to them.

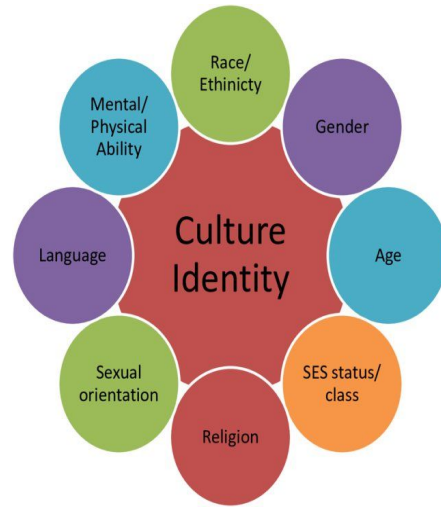


Cultural Identity

Presented by Maida Fayyaz



What is Cultural Identity?



Why is it
important?



Effects of not being aware of cultural identity



References

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